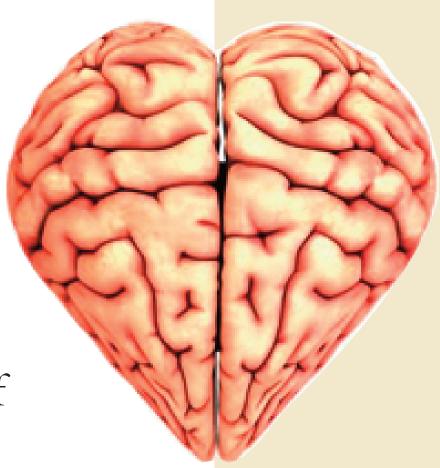
ST. CATHERINE'S
EDUCATION &
SUPPORT GROUP FOR
PATIENTS/FAMILIES

"LIFE AFTER A STROKE"

Join Us the 3rd Monday of Every Month!





The quality of care our patients receive at St. Catherine of Siena Medical Center is our number one priority. We are proud to be ranked as a 2011 "Best Hospital" by the American Heart Association/American Stroke Association in the *U.S. News & World Report* for achieving four consecutive years of excellence in improving quality of patient care and outcomes for our Stroke and TIA patients. Our greatest reward is serving our patients, and we are committed to turning treatment guidelines into lifelines.



50 Route 25A, Smithtown, NY 11787 www.stcatherinemedicalcenter.org

St. Catherine of Siena Medical Center has been designated a Stroke Center since 2005. As such, we would like to provide those who have had a stroke with education and support to keep living the most independent life possible. The class will also offer preventative education as well. The class will focus on the emotional, psychological, physical and cognitive effects of a stroke. The group will also address how you can work to take active steps to avoid a second stroke by making changes in diet, expertise and lifestyle.

Where: Siena Village

Bishops Road

Smithtown, NY 11787

Time: 1:00 P.M. - 2:00 P.M.

Refreshments Will Be Served.

Please call for dates and topics.

Contact: Lita Fenn, LCSW (631) 862-212