



**Judy's Run for Stroke Awareness  
5K Run and Mile Fun Walk  
Sponsored Runner Form**

**Entry Fee:** \$20 registration includes T-Shirt and give-aways.

**Late Entry Fee:** All entries postmarked after May 10th are considered late. Late Entry Registration Fee is \$30.00.

**Check-In:** T-Shirt, & Number pick-up Sunday May 23 from 7:30-8:30AM at Sunken Meadow State Park.

**Race Course:** 5K/1 Mile Fun Walk on a paved/grass/dirt course through the park.

**Awards:** To the overall male and female winner and the top three in the following age divisions: 12-under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over.

**Directions:** Sunken Meadow Parkway North to the park.

**Proceeds:** Our Mission for Judy's Run for Stroke Awareness focuses 100 percent of its donated funds, goods and services on efforts to promote public awareness towards stroke detection, prevention, it's after effects, and where to get help. Judy's Run for Stroke Awareness achieves its mission to lower the incidence and impact of stroke by developing community awareness and education through community based, educational outreach programs as well as the Judy's Run for Stroke Awareness web-site and sponsored running and walking events.

**Information:** Bob Zebrowski (631) 255-2516, [browski@optonline.net](mailto:browski@optonline.net)

Mail application to: Judy's Run for Awareness, 52 Leonard Lane, Centereach, NY 11720

**Runner's Name:** \_\_\_\_\_ **Last:** \_\_\_\_\_ **Sex:** M F **Date of Birth:** \_\_\_\_\_

**Street:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_ **E-Mail Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Age on Race Day:** \_\_\_\_\_ **T-Shirt Size:** S M L XL XXL XXXL

**Name of Sponsor(s):** 1.) \_\_\_\_\_ 2.) \_\_\_\_\_ 3.) \_\_\_\_\_

4.) \_\_\_\_\_ 5.) \_\_\_\_\_ 6.) \_\_\_\_\_

**Circle One:** 5K Race or 1-Mile Fun Walk

**Sponsor Donation Pledges:** \$ \_\_\_\_\_ **Total:** \$ \_\_\_\_\_

(Make checks payable to Judy's Run for Awareness)

In consideration for accepting this entry as runner sponsorship, I the undersigned intend to be legally bound for runner, my heirs, executors, administrators, and myself. I waive and release any and all rights and claims for damages I may have against Sunken Meadow State Park, Town of Kings Park, Judy's Run for Awareness, Just Finish Inc., their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am at least 18 years of age, physically fit and have trained sufficiently for the competition of this 5K Run/1 Mile Fun Walk, and my condition has been verified by a licensed medical doctor. I agree to release and hold the above named organizations and personnel harmless of any claims and rights, which may be assessed on behalf of the entrant. I hereby grant permission to any and all to any and all the foregoing to use photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatever. I further agree in good faith to represent Judy's Run for Stroke Awareness, to collect and turn over all funds and proceeds collected, to promote its good will, and good sportsmanship. I understand all funds collected or pledged are for Judy's Run for Stroke Awareness and that funds collected will be provided within a reasonable amount of time on after run or on the day of the run.

**Please tell us how you learned about Judy's Run for Awareness?**

- a.) [www.judysrun.com](http://www.judysrun.com)
- b.) Active.com
- c.) Posters
- d.) Friend/acquaintance
- e.) Within the healthcare industry
- f.) At work
- g.) Robert Zebrowski
- h.) Other: (please specify): \_\_\_\_\_

**Signature of Applicant:** \_\_\_\_\_ **Date:** \_\_\_\_\_  **Check if Parent/Guardian**

If applicant is under 18 years old, signature of parent or guardian is required.