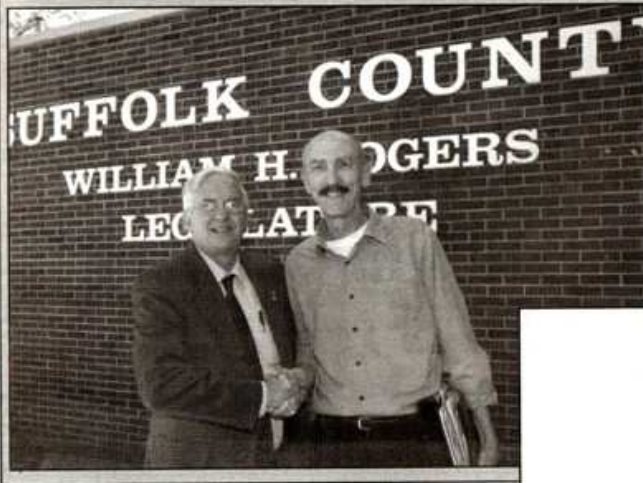


In the News ...

## Judy's Run for Stroke Awareness



### Dennison Building to be Lit in Purple for Stroke Awareness Month



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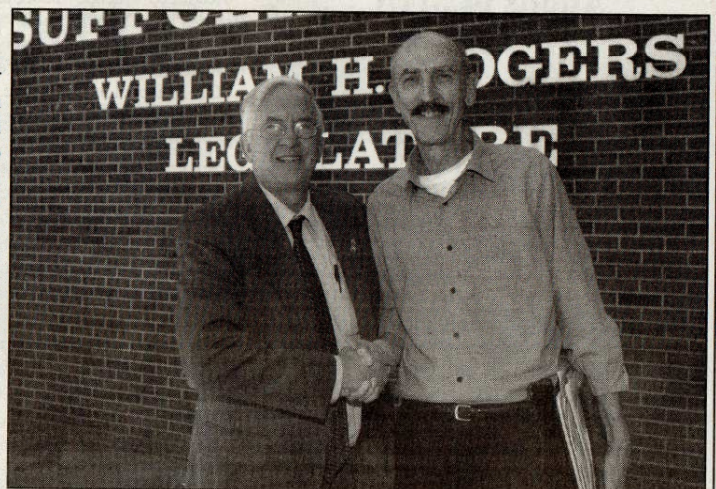
The Suffolk County Legislature unanimously voted to approve Resolution number 401, Authorizing Judy's Run for Stroke Awareness to illuminate the H. Lee Dennison Executive Office Building. The month of May has been designated as National Stroke Awareness Month and Legislator John Kennedy sponsored this bill hoping to bring to light the dangers of strokes. The resolution calls for the H. Lee Dennison Building to be lit in purple on Friday, May 27th at 8pm by Judy's Run for Stroke Awareness.

Stroke has become the third leading cause of death, killing 160,000 people each year, and is the leading cause of adult disability. Approximately 750,000 strokes will occur in the United States this year, with 500,000 of those being preventable. Strokes can occur at any time regardless of race, sex or even age, children as young as seven years old have suffered from having a stroke. Further, a recent American Stroke Association/American Heart Association report stated "Someone has a stroke every 40 seconds."

Judy's Run for Stroke Awareness started in 2008 with its first 5K Run and Fun Walk. The reason behind the formation of this not-for-profit's creation was the stroke that founder Robert Zebrowski's wife, Judy, suffered from in late 2005. It was because of the love Mr. Zebrowski has for his wife that he founded the group to raise awareness of strokes, promote the ways to prevent them, and to help others cope with the acute and long term rehabilitative process.

Judy's Run has been the cornerstone event for the group. It started with 35 runners that first year and has increased to over 200 runners and walkers as of last year. This year's event will be held at Sunken Meadow State Park on Sunday, May 22nd with pre-registration beginning at 7:30am.

"Strokes are a silent killer," Kennedy stated. "I know families that have been affected by strokes and it has altered their entire lives. Judy's Run for Stroke Awareness does an outstanding job making the community aware of the dangers of strokes, warnings signs, and stroke prevention. Founder Robert Zebrowski is



completely dedicated to the cause and has worked tirelessly in the community to raise awareness, and I'm happy to partner with Bob on this issue."

"We are proud to have reached out to the community for stroke awareness this year in some exciting ways," Mr. Zebrowski stated. "Two stroke survivors (one person from Brooklyn) will be participating in the 5K Run this year! Also, a team of runners from Carmel, NY will be participating in the 5K Run in tribute to their father. Please join us at Judy's Run for Stroke Awareness on Sunday, May 22, 9am at Sunken Meadow State Park and help us to continue our mission for stroke awareness."

For more information regarding Judy's Run please call (631) 255-2516. For more information regarding the lighting of the Dennison Building please call Legislator Kennedy's office at (631) 854-3735.